



GREAT PLACES AND SPACES

Dear children, parents, teachers and caregivers,

We are delighted to welcome you to our project, 'Great Spaces, Great places'. As our knowledge and awareness of mental health as a society increases so does our need to respond. Wexford Mental Health Association, in partnership with Creative Ireland, Sports Active Wexford, CYPSC and HSE Health and Well Being Division, Healthy Ireland Community Mental Health Fund via Wexford Healthy County Committee are building a project to nourish the mental health and wellbeing of our children, and we need your help!



What the project does:

This project aims to produce a creative and child orientated publication; a map, that will act as a source of information and guide to individuals with responsibility for children's wellbeing. We envisage the publication as a support to caregivers in utilising the great locations we have all across County Wexford to support children's wellbeing needs.

We need your help:

We are engaging primary school aged children across the county in the production of a creative map that signposts cost neutral spaces and places within County Wexford that enhance their sense of wellbeing. On this template, we invite children to draw a visual depiction of the wellbeing destination they would like to share, along with their opinion on what this space offers to a child's well-being and ideas of how to engage with the space for optimum benefit and enjoyment. We are particularly interested in everyday places and surprises! The publication will guide caregivers to spaces and places all across Wexford that have been highlighted by children as top destinations to nourish their wellbeing.

We value:

We appreciate your support in offering the time and space for children to respond, reflect and contribute to our collective project. Together, we can support and strengthen the wellbeing of the children all across County Wexford. This project starts with discussions, and we would appreciate your help in supporting the child in completing this template.



MY GREAT PLACES AND SPACES



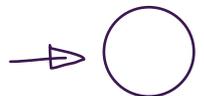
PLACE:

HOW DO I FEEL IN THIS PLACE AND WHY?

Close your eyes for a moment and think of an outdoors place near where you live that makes you feel positive. This place might make you feel happy, or calm, or energetic. Please use this box to draw you in this place and show your positive feelings!



If you could give your feeling a colour when you are at this place, what colour would it be and why?



NAME:

CLASS:

SCHOOL: